|  |   **TÉCNICO SUPERIOR UNIVERSITARIO EN TERAPIA FISICA** **EN COMPETENCIAS PROFESIONALES** |  |
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**COSMETOLOGÍA INTEGRAL II BIS**

| 1. **Competencies**
 | To manage wellness centers considering the available resources, the established therapeutic procedures and the applicable regulations, in order to contribute to their profitability and user satisfaction. |
| --- | --- |
| 1. **Quarter**
 | Quinto |
| 1. **Theoretical Hours**
 | 60 |
| 1. **Practical Hours**
 | 30 |
| 1. **Total Hours**
 | 90 |
| 1. **Total Hours per Week for the Quarter**
 | 6 |
| 1. **Learning goal**
 | The student will implement facial and body treatments of integral cosmetology through clinical assessment, cosmetic techniques, electrotherapy and safety and hygiene protocols, in order to satisfy the needs of the client and diversify the services of the health and wellness centers. |

| **Learning Units** | **Horas** |
| --- | --- |
| **Theoretical** | **Practical** | **Total** |
| I. Electro-aesthetic treatments with galvanic current, low, medium and high frequency.. | 30 | 15 | 45 |
| II. Electro-aesthetic treatments with phototherapy, magnetotherapy and laser | 30 | 15 | 45 |
| **Total** | **60** | **30** | **90** |
|  |  |  |  |

**COSMETOLOGÍA INTEGRAL II BIS**

LEARNING UNITS

| **1. Learning Units** | **I.** Electro-aesthetic treatments with galvanic current, low, medium and high frequency.. |
| --- | --- |
| **2 Theoretical Hours** | 30 |
| **3. Practical Hours** | 15 |
| **4. Total Hours** | 45 |
| **5. Learning goal** | The student will develop aesthetic facial and body techniques with galvanic current and low, medium and high frequency to satisfy the client's needs. |

| **Topics** | **Know** | **Know How** | **Being** |
| --- | --- | --- | --- |
| Integration of facial and body aesthetic treatment programs. | Explains the integration of treatment programs:- according to the type of skin and/or specific needs of the user- according to the specific conditions- treatment goal- processing steps- handicrafts- electrotherapy techniques- products - personal care recommendationsIdentify the protocols of:- health and safety- cabin preparation |  | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |
| Aplicación estética con corriente galvánica. | Describe the methods and techniques of applying galvanic current in facial and body treatments:- Simple galvanization.- Facial Ionophoresis- Body Ionophoresis Explain the indications and contraindications of aesthetic treatments with galvanic current. | Develop facial techniques with galvanic current according to the characteristics of the skin type and specific conditions.Develop body techniques with galvanic current according to the user's needs and specific conditions. | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |
| Aesthetic application with low frequency | Describe the methods and techniques of applying low-frequency current in facial and body treatments.Explain the indications and contraindications of aesthetic treatments with low frequency current. | To develop facial techniques with low frequency current according to the characteristics of the type of skin and specific conditions.To develop body techniques with low frequency current according to the user's needs and specific conditions. | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |
| Aesthetic application with medium frequency. | . To describe the methods and techniques of application of the medium frequency current in facial and body treatments.Explain the indications and contraindications of aesthetic treatments with medium frequency current.  | Develop facial techniques with medium frequency current according to the characteristics of the type of skin and specific conditions. Develop body techniques with medium frequency current according to the user's needs and specific conditions. | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |
| Aesthetic application with high frequency.  | Describe the methods and techniques of application of high frequency current in facial and body treatments:- Short waves.- Pulsed high frequency.- Decimetric waves.- Ultrasound.- Electroporation.- Radiofrequency.  | To develop facial techniques with high frequency current according to the characteristics of the type of skin and specific conditions. To develop body techniques with high frequency current according to the user's needs and specific conditions.  | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |

**COSMETOLOGÍA INTEGRAL II BIS**

EVALUATION PROCESS

| **Learning outcome** | **Learning Sequence**  | **Instruments and types of reagents** |
| --- | --- | --- |
| From a practical case of facial and body cosmetology with galvanic current and high, medium and low frequency, it will integrate a portfolio of evidence that contains:a) Facial treatment:- clinical evaluation- treatment goal- skin type - specific skin conditions- processing steps- manual techniques used and their justification - electrotherapy techniques used and their justification- products used and their justification- personal care recommendations- checklist of health and safety protocols and cabin preparation b) Body treatment:- specific needs of the user in the body treatment - clinical assessment- treatment objective and justification- processing steps- manual techniques used- electrotherapy techniques used- products used and their justification- personal care recommendations- checklist of health and safety protocols and cabin preparationc) video of the treatments used. | 1. Understanding the integration of facial and body aesthetic treatment schemes.2. Identify safety and hygiene protocols and booth preparation.3. Analyse the aesthetic effects of the galvanic current in facial and body treatments.4. Analyse the aesthetic effects of low, high and high frequency in facial and body treatments. | Case StudyRubric |

**COSMETOLOGÍA INTEGRAL II BIS**

## TEACHING-LEARNING PROCESS

| **Teaching methods and techniques** | **Teaching aids and materials** |
| --- | --- |
| Collaborative teamsLaboratory demonstrationResearch tasks.  | Computer equipmentMultimedia equipmentInternetIntegral cosmetology boothElectrotherapy equipmentCosmetic products.. |

## ESPACIO FORMATIVO

| **Aula** | **Laboratorio / Taller** | **Empresa** |
| --- | --- | --- |
|  | **X** |  |

**COSMETOLOGÍA INTEGRAL II BIS**

LEARNING UNITS

| **1. Learning Units** | II. Electro-aesthetic treatments with phototherapy, magnetotherapy and laser |
| --- | --- |
| **2 Theoretical Hours** | 30 |
| **3. Practical Hours** | 15 |
| **4. Total Hours** | 45 |
| **5. Learning goal** | El alumno desarrollará técnicas faciales y corporales estéticas con fototerapia, magnetoterapia y láser para satisfacer las necesidades del cliente. |

| **Topics** | **Know** | **Know How** | **Being** |
| --- | --- | --- | --- |
| Aesthetic application with Phototherapy. | Describe the methods and techniques of application of phototherapy in facial and body treatments:- ultraviolet light.- infrared light.- Infrared spectrumTo explain the indications and contraindications of aesthetic treatments with phototherapy.  |  To develop facial techniques with phototherapy according to the characteristics of the type of skin and specific conditions.To develop body techniques with phototherapy according to the user's needs and specific conditions. | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |
| Aesthetic application with magnetotherapy. | Describe the methods and techniques of application of magnetotherapy in facial and body treatments.Explain the indications and contraindications of aesthetic treatments with magnetotherapy and under medical supervision.  | Develop facial techniques with magnetotherapy according to the characteristics of the skin type and specific conditions. Develop body techniques with magnetic therapy according to the user's needs and specific conditions. | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |
| Aesthetic application with laser.. | Describe the methods and techniques of laser application in facial and body treatments.Explain the indications and contraindications of aesthetic treatments with laser and under medical supervision.  | Develop facial laser techniques according to the characteristics of skin type and specific conditions. Develop body laser techniques according to the user's needs and specific conditions.. | RespectEmpathyAnalyticalSystematicOrganizedCleanlinessRemarkObjectiveEthicsResponsibility |

**COSMETOLOGÍA INTEGRAL II BIS**

EVALUATION PROCESS

| **Learning outcome** | **Learning Sequence**  | **Instruments and types of reagents** |
| --- | --- | --- |
| From a practical case of facial and body cosmetology with galvanic current and high, medium and low frequency, it will integrate a portfolio of evidence that contains:a) Facial treatment:- clinical evaluation- treatment goal- skin type - specific skin conditions- processing steps- manual techniques used and their justification - electrotherapy techniques used and their justification- products used and their justification- personal care recommendations- checklist of health and safety protocols and cabin preparation b) Body treatment:- specific needs of the user in the body treatment - clinical assessment- treatment objective and justification- processing steps- manual techniques used- electrotherapy techniques used- products used and their justification- personal care recommendations- checklist of health and safety protocols and cabin preparationc) video of the treatments used. | To understand the aesthetic effects of phototherapy in facial and body treatments.2. To analyse the aesthetic effects of magnetic therapy in facial and body treatments.3. To understand the aesthetic effects of laser in facial and body treatments.4. Integrate integral cosmetology treatments for the face and body. | Case StudyRubric |

**COSMETOLOGÍA INTEGRAL II BIS**

## TEACHING-LEARNING PROCESS

| **Teaching methods and techniques** | **Teaching aids and materials** |
| --- | --- |
| Collaborative teamsLaboratory demonstrationResearch tasks.  | Computer equipmentMultimedia equipmentInternetIntegral cosmetology boothElectrotherapy equipmentCosmetic products.. |

## ESPACIO FORMATIVO

| **Classroom** | **Laboratory / Workshop** | **Company** |
| --- | --- | --- |
|  | **X** |  |

**COSMETOLOGÍA INTEGRAL II BIS**

*SKILLS DERIVED FROM THE PROFESSIONAL COMPETENCES TO WHICH THE SUBJECT CONTRIBUTES*

| **Capacity** | **Performance Criteria** |
| --- | --- |
| To develop the therapeutic and cosmetological treatment by means of techniques of hydrotherapy, cosmetology, thermotherapy and masotherapy, to contribute to the integral well-being of the client. | Execute the techniques of hydrotherapy, cosmetology, thermotherapy and massage therapy according to the established protocol: facilities, equipment and supplies to be used, times, temperature; indications, contraindications and benefits for the user. To make a record of the application of the treatment, which will be integrated to the therapeutic file, including- Date, time and session number- Treatment specifying the techniques used in hydrotherapy, cosmetology, thermotherapy and massage therapy- Treatment Advances - Comments:- Reaction or affectation- Suggestions for follow-up and medical re-evaluation- Responsible therapist and specialty. |
| To supervise the operation of the welfare center verifying the execution of the established procedures, in order to comply with the operational planning. | Prepare a monitoring report on the work programme, containing- Monitoring date- Level of compliance with protocols- Responsible Therapists- Compliance with health and safety standards- Resources used- Recording of treatment application according to the protocol- Conclusions- Comments and proposals for corrections and improvements. |
| Formulate marketing strategies for services and products through sales and promotion techniques, to contribute to the profitability of the wellness centre. | Carry out a marketing program for SPA services and products that includes- Product and service promotion strategies, reflecting customer loyalty - Sales strategies, which promote increased sales of products and services. - Advertising strategies, which develop the positioning of the wellness centre.  |

# COSMETOLOGIA INTEGRAL II BIS

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